



In sum, "thinking about thinking" has to be a principal ingredient of any empowering practice of education. - Lev S Vygotsky

Once again our STS family proved that adversity cannot stop them from learning and moving on. Even during this anxious time, STS TIMES is being published with great enthusiasm. I would like to congratulate the whole team for their zeal and zest.

As part of our vision, we prepare students to be life-long learners and global citizens in a culture of shared responsibility.

At St Teresa School, we are committed to create a learning environment that is safe, nurturing and respectful in order to foster and develop students' knowledge, skills, abilities and make them learn how to think...

As we can see the future is full of uncertainty. That is why our prime focus is on preparing our students to be 21st-century learners. Children can only think out of the box, when their foundation is strong. We create a strong foundation so that they can connect and integrate new experiences into their existing understanding and perception.

My appeal to all the parents is to connect with your children, talk to them, ask various questions to ignite their curiosity, discuss open ended questions, help them to develop hypotheses, encourage them to do research based projects so that their critical and creative thinking can be enhanced.

We emphasize on the pedagogy where all students can get educational opportunities that will maximize their potential in this changing world. Today's world demands that each individual can think critically, create and communicate in a technology driven society. We are committed to the use of technology in the process of teaching our students critical thinking skills to prepare them for today and tomorrow.

I am sure that collaboratively we will be able to continue to ignite the spark of creativity and curiosity in our students.

Renu Srivastava
Academic Director

ST TERESA SCHOOL



“Education is the passport to the future, for tomorrow belongs to those who prepare for it today!”

St. Teresa School, Indirapuram, serves the purpose of education, the purpose of replacing an empty mind with an open one. The values and knowledge which children earn here are not limited only to the school boundaries but stay with them during every adversity and ease of their life. Since its inception in 2006, by the School Founder Directors, Shri Raman Raja Khanna and Shri Vijay Kumar Gulati, the school has carved a niche for itself in Ghaziabad. From the beginners' classes, the teachers instill a will to learn in every child and mould the young minds so determinedly that no one can stop them. The students here are not taught "what to think", but "how to think".

The teachers carve rational mindsets which in future will contribute to the establishment of a better world. I feel proud to boast that my school is a school where life begins with the teachers who are passionate and lively. The teachers not only grab the students' attention but keep them on the edge of their seats wanting to know more. Their enthusiasm ignites that spark of excitement that opens receiving minds to wider fields of knowledge.

The school is a second home for every student. The school management works round o clock not just catering to the academic needs but also the overall development of children in various fields. My school has laid a foundation of education, to unlock the golden door of an improved worth. Indeed, it is a building which has walls with tomorrow inside!

SAMAN AIZAZ
XII-A1

“Education here is not preparation for life, Education is life itself”

**HOLD FAST TO DREAMS
FOR IF DREAMS DIE
LIFE IS A BROKEN-WINGED BIRD
THAT CANNOT FLY
HOLD FAST TO DREAMS
FOR WHEN DREAMS GO
LIFE IS A BARREN FIELD
FROZEN WITH SNOW.**

"TRUST, SERVE AND LOVE" serves as an apt moral fibre for my St. Teresa School. It is an institution where we as students, learn to build trust in the minds of others, serve humanity in need and spread love in the world. We share an exceptional bond with our teachers our 'Gurus' who mould us into well-groomed individuals for the future. Here, we learn to develop an eternal relationship with our fellow mates, without resorting to any kind of hatred based on caste, colour or religion. We learn to establish peace in order to make this earth a better place to live. This institution teaches us to be humble, confident, helpful and compassionate and confers all the moral values needed to enhance our persona.

My school imparts education that gives the mind and soul of a student all the charm and perfection they are capable of attaining. Children enter this school as delicate saplings and after years of learning and education, they step out into the world as grown-up trees of wisdom and insight.

I feel short of words to highlight that the entire gamut of school education is undergoing transformation in the teaching and learning process. In the present scenario the teaching has become redundant paving way for facilitation of learning through knowledge sharing. The wave of digital learning is reaching new heights. In all this whirlwind of new age technology, it is important to forge ahead but with one's head firmly on shoulders I feel proud to state that we TERESIANS are taught this every moment of the day.

"As it has been rightly said" Education is not filling a pail, but the lighting of a fire."

SHRUTI MANOCHA
XI-C

TEACHER SPEAKS

Who said I am locked?

Am I locked?
Am I locked in this persuasive world?
Am I locked to stop my words?
Am I really locked to create a better world?

Who said I am locked?
What if I can't see the other people walking?
What if I can't go out shopping?
What if I am not able to ride my car?
What if my journey is still too far?

I am happy
I am happy as now I am more loved by my family.
I am happy as I am more praised for my creativity.
I am happy as I am now more productive for my work.
I am happy as I am more adaptive for the tech world.
I am happy as I am resuming sometime for myself now.
And I am happy because I am now.

Who said I am locked?
I am open for the change &
I am really open to bring my life into a new frame.

Meenushri Khanna
TGT English



The importance of setting goals.

Setting a goal is the most important thing you can do in your life. Without goals you are going to have no directions, no ambitions to be successful, no drive to stay in school and trouble finding a career that will provide for you. Setting goals is the first step to achieve dreams by doing consistent hard work towards the end point written on the paper. Goals are the methods to follow to turn your dreams into reality. Your dreams are your imagination. And goals convert your imagination into reality. Goal setting does not have to be boring. There are many benefits and advantages to always having a set of goals to look at. Setting goals helps trigger new behaviors, helps guide your focus and helps you sustain that momentum in life. Goals also help align your focus and promote a sense of self-mastery. In the end, you can't manage what you don't measure and you can't improve upon something that you don't properly manage. Setting goals can help you do all of that and more.

Goals help motivate us to develop strategies that will enable us to perform at the required goal level. Accomplishing the goal can either lead to satisfaction and further motivation or frustration and lower motivation if the goal is not accomplished. Goal setting can be a very powerful technique, under the right conditions according to the research.

When setting direction to success you must make good choices on the path you are going to choose. The wrong path will put you somewhere that is going to take you off track from your goals. This path can lead to getting lazy and not going back to school.

We should first divide our big goals into smaller ones. The drive to stay in school is another big part of setting goals. Without the drive to stay in school you lose sight of those nice things that can be achieved with hard work. Drive also motivates you to do the things that you don't want to do, but have to do them. Through these tough times, think about all those goals you are trying to achieve, and how nice it is going to be when you reach them. Goals can be only achieved by doing hard work with our full efforts.

VISHI GUPTA
IX-B5

ONE DAY

One day on a lying pose,
I slept with my eyes close.
just saw my world fade,
I just got afraid.
suddenly I saw, I was up in the sky,
trying to flap, trying to fly.
in a cloud like a cotton candy,
felt soft not sandy.

I saw stairs going up in the air,
it popped out, out of nowhere .
I went up and realised ,
I was between heaven and hell,
was not enough wise ,
to decide it was a dream or reality.
but, I saw I was going back,
the clouds were fading,
I saw two men were happy
cheating and trading
and saw a man helping poor,
was full of glee,
I didn't expect
what next I was going to see.

I saw moon waxing and waning,
I saw sun rising and fading,
suddenly I woke up,
and realised two things,
Yes !!!! I finalised.

1) There are many things bad or good,
some are cotton, some are wood.
2) These are phases of life, some are pizza,
some are knife.
we must not get demotivated,

**If we fail,
we will prevail !
we will prevail !!!!**

Prisha Jha
IX-B6



THANKING THE VERY IMPORTANT PERSON

We've all taken time to appreciate everyone,
To tell them that they are amazing,
To let them know how important they are to us,
To reassure that they are beautifully unique.

But most of us often forget
To thank The most important
Person in our life,
The one who endures all our
Pains and feels all our sorrow,
We often forget to thank ourselves.

It slips our minds to express Gratitude,
To the ones whose will keeps us going, ourselves.
I know we've often heard people say,
That those who think about themselves are selfish,
But then, how can someone take care of others
When they don't know what's best for themselves?

So take a deep breath right now for sure,
It only takes half a moment,
Think of all the good deeds that you
did for yourself today,
And then thank yourself for doing them.

SHIVANI SINGH
XI-C



उम्मीद का दीपक

उम्मीद है तो सब कुछ है,
उम्मीद नहीं तो कुछ भी नहीं।
उम्मीद है तो राह है,
उम्मीद नहीं तो बंजर जमीं।।

उम्मीद है तो जोश है,
जीवन नहीं खामोश है।
उम्मीद से हिम्मत मिली,
न अब कोई अफसोस है।।

टूटे हुए मन में कभी,
उम्मीद का दीपक जो जल गया।
हारा हुआ इंसान भी,
अपना नसीब बदल गया।।

उम्मीद से लगी एक आस है,
मन में भरा विश्वास है।
बस ठान लो करना है जो,
मंजिल तुम्हारे पास है।।

होना है जो होगा वही,
तकदीर का यह खेल है।
जीवन की रणभूमि यही,
कोई पास कोई फल है।।

अवनी पंवार
IX-B1

GIRL

Hairs are long
And she can be often spotted singing
a song.
Her hairs shine
And she's always fine.

Eyes are big
And she likes fig.
Her eyes are bright
And she hates to fight.

Cheeks are soft
And she lives in a loft.
Her favourite colour is pink
And her eyes rhythmically
blink.

She loves all
And likes shopping in malls.
Looks sweet
And touches the elders feet.

Wears necklace of pearl
And this poem is dedicated to every
typical sweet girl.

Srishti Pandey
XI-A1



पर्यावरण की सुरक्षा

पर्यावरण को हमें है बचाना,
हमारा सुंदर-सा जहाँ है आशियाना।
एक बदलाव इसमें हमें है लाना,
अपने जीवन में है स्वच्छता को अपनाना।
पर्यावरण को बचाने के हैं बहुत से रीज़न,
जिससे बढ़ेगा पर्यावरण में ऑक्सिजन।
होगा कम खर्च धरती का ईंधन,
तब रहेगा सुरक्षित हमारा जनजीवन।
अब नहीं करेंगे हम गाड़ियों पर ज्यादा राइड,
अब नहीं छोड़ेंगे वातावरण में कार्बन डाइऑक्साइड।
डटके करेंगे हम इसकी सुरक्षा चाहे डे हो या नाइट,
जिससे मिलेंगे पेड़ों को भी उनके राइट।
नहीं पहुँचानी है हमें अब पर्यावरण को हानि,
नहीं तो आ जाएगी मुश्किलों की सुनामी।
नहीं बचेगा खाना, नहीं बचेगा पानी,
अब इसे करना है सुरक्षित, हम सबने यह मिलकर है ठानी।

प्रत्युष जयसवाल
VIII-B

OVER SMARTNESS KILLS THE SENSE OF HUMANITY

Two friends were going on an adventurous trip. They were about to be out for a long journey; so they decided to carry their blankets, clothes, food, and utensils. Carrying the burden of each stuff was very unpleasant to them. One day, while they were resting, they met a young man who was also going on a hike. The two friends thought it was wise to befriend the young man because he was good natured as well as physically strong. They were compassionate to the young man and proposed that they three should travel together. The young man was uneducated and was so happy to travel in the company of educated men. He gladly agreed to the proposal and it was decided that they should make a common stock of their foodstuff for the trip. The new traveller soon saw how difficult it was for the two other travellers to carry their luggage, so he extended a helping hand and took their luggage and that made the two friends extremely glad at heart. One evening the two travellers saw the quantity of water that was left with them was insufficient. There was nothing for the night. So they decided to trick the third traveller and grab water from him. Both the travellers drew off the third traveller by saying they don't have much water to satisfy everyone's thirst, so it's better at least one's thirst is satisfied. The third traveller agreed with the idea. There was some leftover food so the two of the travelers decided whosoever will dream a beautiful dream, he will eat the leftover food.

The third traveller accepted the idea, but deep inside he knew that the two of the travelers had planned some mischief. The third traveller only pretended to sleep. When the rest two travelers fell asleep, the third traveller got up and ate all the leftover food and went back to bed. After sometime one of the travelers got up and told the other two travelers that he had a wonderful dream about two angels who took him to the gates of heaven. The other traveller said how strange! I dreamt of a similar dream. I was taken by two ghosts straight to the gates of hell. The third traveller didn't wake up in spite of the loud conversation between the two travellers. The two travellers came near him, and pushed him and said; wake up. After a minute the third traveller stood up and said, it seems I saw that two angels took one of you to heaven and two ghosts took the other to hell. I thought none of you would return from such distant places. So, I ate all the leftover food. The two travelers looked at each other and didn't know what to say or do. The third traveller said again, I am sorry to inform you that I have decided to travel the rest of the hike all alone. You both are educated, you can visit both hell and heaven. Friendship demands mutual understanding, and so far I am a burden on you. When it was morning, the third traveller separated his things from the other two travellers and went on the hike alone. The two travellers looked at their own luggage and sighed. They realized how justified the third traveller was in his conduct and comments. He had sacrificed his comfort and carried their burdens. But the two of the travellers tried to refuse him even his rightful share on the leftover food.

PALAK GAMBHIR
XII-B2

THE PANDEMIC

I came back to India from Texas on 1st December 2019 after celebrating the birthday of my childhood friend Robert Smith who has migrated with his family to Texas 7 years ago. Robert was the only one who has helped me in the worst times of my life. I never thought that we would be living so far from each other, but in this modern era of technology, social media has become the best way to stay connected. Every single day we chat and share our thoughts. After coming back to India, we both celebrated Christmas and New Year on Video calls. Our days were passing seamlessly and smoothly. But something happened after a month I came back from Texas, It was a kind of warning that soon not only India but the whole world is going to face something very devastating.

On 30th January 2020, India reported its first confirmed case of COVID-19 (Coronavirus Disease 2019) which is a novel infectious disease caused by SARS-CoV-2 (Severe Acute Respiratory Syndrome Coronavirus 2). The United States reported its first confirmed case on 19th January 2020. I and Robert thought that the government and the health ministry of our countries would soon come up with a permanent solution for this disease as we believed that nowadays we are so much advanced in terms of technology and health care facilities that there soon will be a permanent solution without affecting our lives. But we were wrong. The month of February was also going seamlessly according to us but actually not for our world. In the month of March, I was becoming serious and concerned towards my nation as the number of confirmed cases and deaths in India were rapidly increasing due to Coronavirus. Robert was still at ease and even asked me to chill and enjoy life, even though in the United States the first confirmed case was 11 days prior than India. I don't know why Robert was still so relaxed and not taking any precautions to stay safe during this crucial time.

As the number of cases and deaths were increasing in India, from 25th March 2020 onwards a nationwide lockdown for 21 days was ordered by the Prime Minister of India which has already been extended and in future also it might get extended. Now everything has been digitised, as people are working from their homes, students are studying at home as teachers are taking online classes from their homes. Robert and I still used to talk and chat daily but now always ask each other the first question as "How are you and your family? Hope you all are safe and taking all the precautions to stay safe and healthy." I am glad that Robert has become concerned responsible and decisive. On 1st May 2020, Robert called me up and we started our conversation by discussing the crucial time that not only we but the whole world is facing. Robert said "Dude, this is extremely a devastating time I have ever seen in my life, I never imagined that something is going to happen like this in our life span." I replied "We never know what is going to happen next, we should always be prepared for the worst we are going to face". Like this Coronavirus doesn't have any special symptoms, it's just sore throat and dry cough and when it is extreme, breathing problems and high fever are the symptoms. We can stay safe and healthy by taking proper care of hygiene and staying at our homes." Robert said, "You are absolutely right! As still there is no dedicated medicine or vaccine to prevent this virus. The only thing which we can do to prevent is self help and by maintaining social distancing." I was glad that my friend had turned over a new leaf. We had a conversation that day for a long time, but on a different topic that is optimism. I made him understand that all of us need to pray to God so that our lives can be normal as soon as possible. I have a strong faith in Almighty that a miracle will soon take place. That the day is not so far when this cold war will end globally and Coronavirus will vanish.

THIS TOO SHALL PASS.....

ROONEEL PAL
XII-C

CRYING EYES, BROODING MIND

When your heart slopes down,
And my mind starts thinking.
Thousands of memories when start mixing
A satisfactory smile comes with wet eyes, and for
hiding your eyes you start them blinking
When your mind has millions of words
But your lips remain quiet
And with a crying heart your face gives a smile...
When you do not get interest by investing in your life
And finally your soul gives your life a name 'compromise'
By thinking all these, teacher calls your name twice
And because of distraction you get a slap tight
And then finally your tears in your eyes,
roll down from your face slight
And once again you get reason to tell a lie...
And you simply say "because of the teacher
I Cried".....!!!!

ANSHIKA WADHWANI

Class: XII-B2

MY MOTHER IS MY LIFE

Mother's love is unique it is very precious
She never hurts us, but always bless us
She cares for us a lot, and makes a
Wonderful slot to study and enjoy
To never destroy the special time
We had for our good or bad
Since the day I was small. Till
The day I became tall. You're the
One with heaven. Who cares for us and
Guide us. You can feel their love and
Gentleness as they walk through besides
us. There is paradise under the Mother's footstep.

REHAN AHMAD

IV-A



धरा बचाओ

आज समय की माँग यही है, धरा बचाओ! धरा बचाओ!
आज विश्व की माँग यही है, धरा बचाओ! धरा बचाओ!
पेड़, मिट्टी और जलवायु ये, आज सभी प्रदूषित है।
कुदरत ने जो दिया धरा को, आज कहाँ ये शोभित है?
ये मानव के जीवनदाता, इसका न अपमान करो।
पेड़, मिट्टी और जलवायु का, तुम मिलकर सम्मान करो।।
आओ, मिलकर कसम ये खाएँ- "प्रदूषण को दूर भगाएँ।"
"एक वृक्ष यदि कट जाए तो, मिलकर ग्यारह वृक्ष लगाएँ।।"
जलवायु को साफ रखेंगे, अपनी धरा बचाएँगे।
फिर से इस प्यारी दुनिया को, सुंदर दुल्हन बनाएँगे।।
तो, आओ! मिलकर आगे आओ, हरा-भरा संसार बनाओ।
अपने-अपने जन्मदिवस पर, यारो! तुम एक पेड़ लगाओ।।

तनुष सिंह

IV-C



JOURNEY OF RAIN

I Come With The Signal Of Thunder
And make people wonder
I come from dark cloud
And make the noise loud
I spread all around greenery
And take away aching misery
I give farmers a charming smile
By making their produce tell a mile
I fall with the droplet of diamond
And make unhappy people brightened
I am like a shower
And lend a hand to grow flower
With mortals I had a lot of fun
And now I am giving a way to sun
I am sweetly known as rain
With a lot of fame

Riddhima Kaul

VI-A

CORONA EFFECT

Mankind has fought, long long wars
That on this soil, have
left many scars
But nothing before, has
left us so much confined
When enemy is invisible,
and no weapons defined

No guns, no artillery, no
war planes in the skies
Yet all are scared, and
breaking heavy sighs
As news from the world,
appear very grim
No hope anywhere, and
future looking dim



Yet there are brave hearts, who dare to go
Out in the Sun, to support the flow
Of helping the needy and those who are sick
And build the nation again, brick by brick

Though their own folks, wait at their rooms
With hands up in prayer, and fear at heart looms
Let's all pray for them, let's not forget their deeds
While at home we stay safe, and fulfil our needs

Let's wait for the day, when this virus will end
We will breathe fresh air and with Nature we'll
blend
Let's pray for those people, who are working day
and night
To prepare that solution, that will re-form our
might

ANEK CHATTERJEE

VIII-D

ACTIVITIES GALORE

FACTS FACTORY

- Elephants are the only animals that can't jump.
- A snail can sleep for three years.
- Some fish recognize their owners.
- Goats from different regions have different accents.
- Dolphins have names for one another.
- Snow Leopards are incapable of roaring.
- Axolotls can regenerate their body parts.
- Rats and Mice are ticklish and even laugh when tickled.
- Baby Elephants suck their trunks for comfort. (just like human babies suck their thumb for comfort)
- Sea Otters hold their partner's hand while sleeping to keep them from drifting apart.
- Seahorses mate for life and hold each other's tails while travelling]
- Anteaters don't have teeth.

ADYA TRIPATHI
X-B2

COMIC STRIP



ANCEY VERMA
X-B2

BRAIN TEASERS

- 1) I have many keys but can't open a single lock. What am I?
- 2) Brothers and Sisters, I have none but this man's father is my father's son who is the man?
- 3) Feed me and I live, yet give me a drink and I die. What am I?
- 4) What kind of room has no doors or no windows?
- 5) Drop me from the tallest building, I'll be fine, but if you will drop me in water I will die. What am I?

Answers

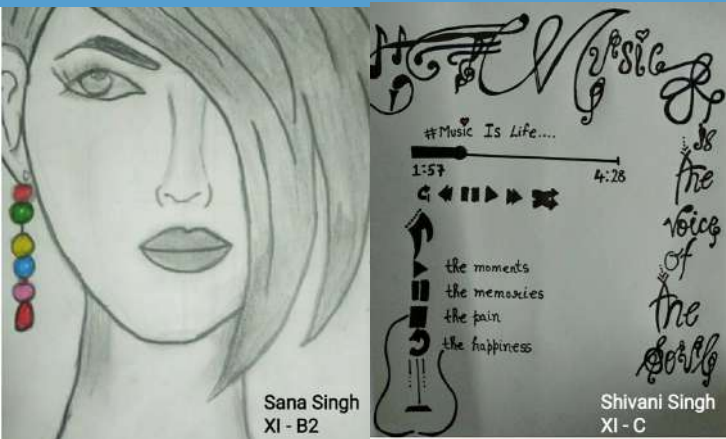
- 1) Piano 2) My Son 3) Fire 4) Mushroom 5) Paper

YASHIKA VERMA
IX-B5



Recognise this creature and message to your class teacher. Winners name will be published in the next edition.

PAINTERS' GALLERY



Sana Singh
XI - B2

Shivani Singh
XI - C



Laqshya Bhatnagar
IX - B1



Shruti Manocha
XI - C



Raiha Anjal
VIII - A



SUBHANGI 9 B1



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