

**A Good Step Today For
A Better Tomorrow
Our Dream: A School Plastic Free
Let's Join Hands
Because We Can**



O. No.: STS/HR/22-23/03-01
Date: 17/10/2022

Dear Parents,
Greetings From STS Family!

In continuation to various CBSE circulars and **Swachhata Hi Seva (SHS)** Campaign launched by the Hon'ble Prime Minister, which focused on to create a strong movement for mitigation of plastic pollution in the schools and the education institutions. The CBSE Board had asked its affiliated schools to use alternative biodegradable products and shun plastic usage on school's premises and also conducting activities such as banning bottles, wrappers, packaging, bags, cups, plates, tumblers made of plastic or polystyrene on school premises and encouraging use of alternative biodegradable products".

Under this campaign, The ST. Teresa School staff (Teaching/Non-Teaching) and students are advised to stop using following items and replace them with alternatives: -

1. Plastic Bottle – To be replaced with Stainless Steel Bottle
2. Plastic Tiffin Box – To be replaced with Stainless steel Tiffin
3. Aluminium Foil – To be replaced with cloth napkin or butter paper
4. Plastic spoon/fork: To be replaced with Stainless steel spoon and fork
5. Plastic/polythene bag: To be replaced with cloth or jute bag.

Why: While plastic containers are durable and convenient, they can become hazardous when food is heated inside them. When plastic is heated up chemicals can leach out at high heat. These chemicals that leach from the plastic containers could possibly cause cancer.

Observations: We have observed that in case of plastic boxes, food particles remain stuck around the rubber (if not washed properly). We have even witnessed fungal formation around that rubber and the same happens with bottle caps. Also, if the parents pack hot food in the plastic boxes, there are chances of the plastic coat or a soft layer getting melted and spreading with food. Plastic bottles should be changed regularly and while purchasing bottles, we advise use of only steel bottles, as glass bottles are associated with damage and injury risks and are not easy to handle too. Steel is better than plastic as it can be washed easily and it is hygienic.

Also, the food you fill in aluminium foil (to keep it warm and soft) turns harmful after some time and can deteriorate your health. Usage of plastic should be reduced and the latest initiative is a small contribution from our school to protect environment and also kids' health.

"We encourage all parents to be attentive to environmental concerns and to promote care for the Earth and its resources which is vital for the common good."

Let us join our hands towards keeping our school safe and environment friendly!

Warm Regards,


Benru Srivastava
Academic Director
ST. Teresa School